

MINIMA STANDARDS FOR PARTICIPATION FLANDERS CUP MEMORIAL LEON BUYLE 2021

MEN					WOMEN			
U20	U23	U26	AC	Event	AC	U26	U23	U20
11,01	10,90	10,21	10,11	100	11,24	11,35	12,04	12,19
22,21	22,02	20,56	20,36	200	22,98	23,21	24,72	24,98
49,64	48,89	45,83	45,38	400	51,81	52,33	56,28	56,75
14,42	14,73	13,66	13,52	100/110H	13,05	13,18	14,08	14,41
54,92	53,68	49,88	49,39	400H	56,16	56,72	61,45	62,24
01:55.34	01:53.15	01:46,89	01:45,83	800	02:00,81	02:02,02	2:11.31	2:12.83
3:57.49	03:52.45	03:38,98	03:36,81	1500	04:07,73	04:10,21	4:30.35	4:35.10
08:44.32				3000				10:02.03
15:15.26	14:36.35	13:32,87	13:24,82	5000	15:24,86	15:34,11	17:02.64	17:49.95
	31:00.97	28:33,76	28:16,79	10000	32:25,84	32:45,30	37:18.97	
		02:12:42	02:11:23	Marathon	02:29:29	02:30:59		
9:36.10	9:19.84	08:34,84	08:29,74	3000 Steeple	09:42,10	09:47,92	10:47,92	11:07.34
2,02	2,06	2,24	2,26	HJ	1,89	1,87	1,75	1,72
4,85	5,07	5,53	5,59	PV	4,40	4,36	4,02	3,90
7,12	7,31	7,96	8,04	LJ	6,60	6,53	5,99	5,98
14,73	15,18	16,59	16,76	TJ	13,92	13,78	12,56	12,27
17,71	17,34	20,00	20,20	SP	17,29	17,12	14,76	14,06
54,49	54,04	62,62	63,25	DT	58,55	57,96	49,30	47,11
66,60	65,27	73,31	74,05	HT	68,74	68,05	60,06	56,07
66,03	71,86	80,41	81,22	JT	59,15	58,56	50,57	48,49
6793	7129	7775	7854	10/7 KAMP	5976	5916	5410	5125